



EUROPEAN PAHLAVANI WRESTLING CUP

Open European tournament for clubs and individual athletes
Seniors (men)
Sunday 5 August 2018
Wolvega (NETHERLANDS)

SPECIFIC INFORMATION

DETAILS OF THE ORGANISING COMMITTEE	KRACHTSPORT NL (Sectie Worstelen) Hermesweg 8, 3741 GP Baarn (NED) office@knkf.nl & KSV Marshall Baarn
DETAILS OF THE COMPETITION VENUE	Sport Centre "De Steense" Deken Vaasstraat 15 8472 AA Wolvega
AGE GROUP	Seniors (men) – 15 years and older
WEIGHT CATEGORIES	-60kg, -70kg, -80kg, -90kg, -100kg, +100kg
NUMBER OF MATS	2
DEADLINE FOR THE PRELIMINARY ENTRIES	30 June 2018
DEADLINE FOR THE FINAL ENTRIES	23 July 2018
REFEREES' CATEGORY	International and National
WEIGH - IN	Saturday 18:00-19:00/Sunday 10:00-10:30
START OF THE COMPETITION	Sunday 11:00
PARTICIPATION FEE (LATE REGISTRATION)	€10 €20 (after 23 July)
AWARDS	Medals + prizemoney
ENTRANCE	Free
REGISTRATION	marshallbaarn@online.nl
PARTICIPATION	Open to European athletes from wrestling, judo, sambo, belt wrestling, jiu-jitsu, mma and grappling





1. GENERAL INFORMATION

PROMOTER > Pahlavani World Wrestling Federation (PWWF).

ORGANIZER > SECTION WRESTLING (Olympic & Non-Olympic Wrestling styles) of the KNKF.

TOURNAMENT MANAGEMENT > KSV Marshall Baarn in co-operation with the local sport organisation Sport Fryslân.

COMPETITION OFFICER > Izzy Abdoulaev - marshallbaarn@online.nl

This is a promotional tournament of the Pahlavani World Wrestling Federation (PWWF). The aim of this event is to promote the Non-Olympic Wrestling style “Pahlavani Wrestling” in the Netherlands and in Europe. **Pahlavani wrestling** is a **recognized associated wrestling style** of the **United World Wrestling** (UWW).

«This Iranian (Persian) traditional style of wrestling features two competitors trying to throw the opponent to his back (shoulders). In Pahlavani, the wrestlers wear pants which extend from the waist to below the knees and a belt which can be grabbed and used with trips and holds to lift and throw an opponent.»

2. PROGRAMME

Attention: The schedule may be modified according to total number of entries and circumstances of competition.

3. COMPETITION PLACE

Sport Hall: **Sport Centre “De Steense”**

Address: Deken Vaasstraat 15, 8472 AA Wolvega (Province Friesland), The Netherlands

Entrance: **Free**

4. AGE

From 15 years and older.

5. PARTICIPATION

This Senior European Pahlavani Cup is open for all European **wrestling clubs** and **individual competitors** from other sport disciplines – **Belt wrestling, Sambo, Judo, Jiu-Jitsu, MMA** and **Grappling**. There is no limit in the number of participation for each weight category for every club. To participate in this event the **athletes** must have their **national passport** or **ID-card** and the **national sport license**.

6. WEIGH-IN

Official weigh-in: **Saturday 18.00 - 19.00** and **Sunday 10:00 - 10:30**.

The weigh-in will be carried out in accordance with the International Pahlavani Rules of the PWWF. The athlete’s official weigh-in will be scheduled the day before the competition. At the weigh-in athletes must show their **national passport** or **ID-card** and their **national sport license**.





7. PAHLAVANI PANTS CONTROL

Approved Pahlavani pants: competitors should wear an international approved Pahlavani pants, wrestling singlet (red/blue) or red/blue rashguard with short sleeves and wrestling shoes. The organizer will provide the athletes with specific Pahlavani pants. There will be 2 check-points (responsible persons) to check the uniform of the athletes directly before the competition.

8. COMPETITION RULES

The competition will be conducted in accordance with the latest International Pahlavani Rules. System of competition: the losers of the semi-final matches will compete in a match to obtain the 3rd and 4th place.

Male: **-60kg, -70kg, -80kg, -90kg, -100kg, +100kg**. Tolerance: **No overweight**.

Duration: **2 periods of 3 minutes** (if it is necessary - 2 periods of 2 minutes).

9. COACHING

All coaches must wear a club training suit.

Dress Code: National or Club training suit (*with trousers reaching down to shoes or with shorts reaching down to knees*).

10. REFEREEING

Each referee will receive € 70,00 for his or her participation in the tournament.

Clubs which are able to provide a referee should contact: **Izzy Abdoulaev** - marshallbaarn@online.nl

11. MEDALS AND PRIZE MONEY

#1st place: Gold medal + prizemoney.

#2nd place: Silver medal.

#3rd place: Bronze medal.

12. TRANSPORT

The Organizer will **not** provide transportation.

Airports : **Amsterdam Schiphol** and **Rotterdam The Hague Airport**.

Train station: **Station Heerenveen**.

13. FUNDAMENTAL PRINCIPLE

All clubs, officials, coaches and athletes participating in the “European Pahlavani Cup” have to respect and accept the authority of the International officials, the Statutes, the Sports and Organization Rules, the Refereeing Rules of the Pahlavani World Wrestling Federation (PWWF).





14.INSURANCE

Each National Club is responsible for its competitors and must assume all responsibility for accident and health insurance as well as the civil liabilities for their competitors and officials, during this event. The organizer of the event will not be responsible for any insurance related to the above-mentioned matters. The organizer of the event have no liability for any claims of injury, illness or death arising out of the participation and traveling in connection with this event.

15.VISA

The Organizer is happy to help any country with obtaining visa for athletes and officials. For nations, who need VISA to enter the Netherlands, please send the Organizer as soon as possible (**latest 30 May 2018**) list of participants with full names, passport numbers, date of birth, and positions. Complete visa applications should be sent to the Management of the Tournament – marshallbaarn@online.nl

16.ATTENTION (AWARDING CEREMONY)

During the awarding ceremony the athletes must wear their jogging or club/national training suit. Every competitor having won a medal has to attend the ceremony to receive their medal in person. It is strictly forbidden for competitors on the podium to bring national flags or the similar identification other than the one represented in the regular manner on their equipment. Any demonstration of religious, political, personal or commercial sign is prohibited and so is wearing a cap or any other head cover.

17.DEADLINES FOR REGISTRATION

Preliminary entry (club and number of athletes): **30 June 2018**
Final entry (club, number of athletes in each weight category): **23 July 2018**
The athletes registered after **23 July 2018** must pay **€20,-**





18. INTERNATIONAL PAHLAVANI WRESTLING RULES (UWW)

The competition takes place on the wrestling mat. The competitors must wear the specific Pahlavani pants over their singlet. The mentioned pants will be given to the athletes by the local organizer. All the offensive technics (*which are used to bring the opponent to the ground, ex. takedown*) used in Free Style, Greco-Roman Style, Judo, Sambo, Jiu-Jitsu are allowed to be used in the Pahlavani competition and the competitors are allowed to use or grab pants or belt as a grip in order to make an action.

This style of wrestling confront two competitors who try to take control over each other by throwing him on his back (shoulder/s).

ATTENTION:

If a competitor finds himself in a bridging position he will lose the match by fall (brings himself into a direct danger position-falls on his back/shoulder). If the attacking competitor in the execution of his action brings first himself in the bridging position and afterwards brings his opponent into a danger position (bridging position), he will lose the match by fall.

1 POINT

- To the wrestler whose opponent goes in the protection zone with one entire foot (in standing position) without executing a hold.

2 POINTS

- To the wrestler who overcomes and then controls his opponent by passing behind (three points of contact: two arms and one knee or two knees and one arm or head);
- To the wrestler who brings his opponent into a direct danger position (if the opponent falls on his back/shoulders) outside the mat.

5 POINTS AND DIRECT VICTORY

- To the wrestler who brings his opponent into a danger position (places his opponent's back at an angle of less than 90 degrees - **it is a fall**) from standing position or from the "parterre" position (on the ground).

PASSIVITY

- If a wrestler is blocking, keeping his head down on his opponent chest, interlocking fingers, or in general avoiding open wrestling in standing position, the referee will determine **this wrestler as being passive**;
- **1st time** the passive competitor gets a **verbal warning**;
- **2nd time** the passive competitor gets a **caution and 1 point to his opponent** and **attacking competitor** can **hold the belt** front pocket and knee front handle of passive competitor in order to make an action (*after whistle of the referee*).

END OF THE BOUT

- The end of the regular time;
- Technical superiority of 10 points;
- When a fall;
- Disqualification (3 cautions);
- Injury.





FORBIDDEN
Illegal holds

- Throat hold.
- Twisting of arms more than 90 degrees.
- Arm lock applied to the forearm.
- Holding the head or neck with two hands, as well as all situations and positions of strangulation.
- Double Nelson, if not executed from the side without the use of the legs on any part of the opponent's body.
- Bringing the opponent's arm behind his back and at the same time applying pressure to it in a position where the forearm forms an acute angle.
- Executing a hold by stretching the opponent's spinal column.
- Chancery hold with one or two hands in any direction whatsoever.
- The only holds allowed are with the head and one arm.
- In standing, holds executed from behind when the opponent is head down (reverse waist hold), the fall must be executed only to the side and never from top to bottom (header).
- In executing a hold, only one arm may be used to hold the opponent's head or neck.
- Breaking the bridge by pushing in the direction of the head.

General prohibitions

- Pull the hair, ears, genitals, pinch the skin, bite, twist fingers or toes, etc. and generally, to perform actions, gestures or holds with the intention of torturing the opponent or making him suffer to force him to withdraw.
- Kick, punch, head-butt, strangle, push, apply holds that may endanger the opponent's life or cause a fracture or dislocation of limbs, tread on the feet of the opponent or touch his face between the eyebrows and the line of the mouth.
- Thrust the elbow or knee into the opponent's abdomen or stomach, carry out any twisting action which is likely to cause suffering, or hold the opponent by his singlet.
- Cling to or grasp the mat.
- Talk during the bout.
- Seize the sole of the opponent's foot (only seizing the upper part of the foot or the heel is permitted).





19.COMPETITORS DRESS

Wrestling singlet



Rushguard



Pahlavani pants



Wrestling shoes



Forbidden rushguards

(the names on rushguards like MMA, BJJ, Jiu-Jitsu, Judo and mixture of red + blue are forbidden)



Attention:

The rushguard shall be tight-fitting, with short sleeves, and contain at least 50% of the assigned colour. The first competitor called must appear on the edge of the mat in red singlet/rushguard, the second competitor called in blue singlet/rushguard.





20.ACCOMMODATION

You are kindly asked to book your hotel during your staying in Wolvega or around (Province Friesland, Netherlands). Please find bellow the list of hotels/hostels for your information:

HOTELS - List of the hotels and information about accommodation

Wolvega

Hotel Holland Inn
Steenwijkerweg 52
8471 LC Wolvega
Tel: 0561 618 847
Email: info@hotel-wolvega.nl

8km from Wolvega

Adres: Hoofdweg 243,
8475 CA Nijeholtpade
06 52105938/0561-689190

9km from Wolvega

B&B De Kruik
Friese Veldweg 10
8398ET Blesdijke
0561.475037/06.29202242
contact@bedandbreakfastdekruijck.nl

15km from Wolvega

Recreatiecentrum de Kluft
Hoogeweg 26, 8376 EM
Ossenzijl
Telefoon: 0561-477370
E-mail: info@dekluft.nl

13km from Wolvega

Fletcher Hotel-Restaurant Heidehof
Golflaan 1, 8445 SR
Heerenveen
Tel: 0513 – 63 02 00
E-mail: info@hotelheidehof.nl

15km from Wolvega

Bed & Breakfast De Paasloërhof
Binnenweg 33, 8378 JJ Paasloo
0561-475754 / 06-209 77 023

15km from Wolvega

Golden Tulip Tjaarda Oranjewoud
Koningin Julianaweg 98
8453 WH Oranjewoud

There is also the possibility to stay in the house of the host families. For more information about it, please contact Izzy Abdoulaev (KSV Marshall Baarn).

21.COMPETITION VENUE

Sport Centre “De Steense”

Deken Vaasstraat 1, 8472 AA Wolvega,
Provincie Friesland, The Netherlands





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